



Hello there,

Resilience includes the ability to grow, learn, and adapt in our work lives.

*“Success is where preparation and opportunity meet.”* — **Bobby Unser**

### **Today’s Activity**

Identify one skill you’d like to strengthen or learn — even a small one.

### **Explore This Resource**

LinkedIn Learning free professional courses

### **Reflection Question**

What does career resilience mean to you?

### **Local Focus**

Explore Goodwill Industries’ job training and placement programs.

### **Join Us This Week**

Join us Friday, Feb. 20 at 12 pm for this week’s Community Check-in. This Zoom session will offer space to reflect on Week 2 of the 21 Day Resilience Challenge and will focus on economic resilience. Participants will explore how entrepreneurship and small business support contribute to stability and opportunity for individuals, families, and the broader community.

Click here to register for the Zoom link: [Week 2 Check](#)

Join us **IN-PERSON** for United Way of Forsyth County's 21-Day Resilience Challenge culminating panel event—*Resilience in Leadership: Women Who Lead Through the Storm*.

Click here to register for: [Resilience in Leadership: Women Who Lead Through the Storm](#)

### **Event details:**

Friday Feb 27, 2026, 11:30 a.m. to 1:00 p.m.

Forsyth County Annex 1 Auditorium,  
725 Highland Avenue, Winston Salem, NC 27105

Your growth inspires opportunities for others.

Warmly,

**United Way of Forsyth County**

**GIVE**