



Hello again,

Welcome to **Week 2!** This week we'll explore financial stability, opportunity, and economic resilience — key ingredients for long-term wellbeing.

"A budget is telling your money where to go instead of wondering where it went." — **John C. Maxwell**

Today's Activity

Review your monthly spending. Identify one small area where you can save or reduce costs.

Explore This Resource

[MyMoney.gov](#) budgeting tools

Reflection Question

How does understanding your finances affect your sense of security?

Local Focus

Explore Financial Pathways of the Piedmont for financial coaching.

Join Us This Week

Join us Friday, Feb. 20 at 12 pm for this week's Community Check-in. This Zoom session will offer space to reflect on Week 2 of the 21 Day Resilience Challenge and will focus on economic resilience. Participants will explore how entrepreneurship and small business support contribute to stability and opportunity for individuals, families, and the broader community.

Click here to register for the Zoom link: [Week 2 Check](#)

Join us **IN-PERSON** for United Way of Forsyth County's 21-Day Resilience Challenge culminating panel event—*Resilience in Leadership: Women Who Lead Through the Storm*.

Click here to register for: [Resilience in Leadership: Women Who Lead Through the Storm](#)

Event details:

Friday Feb 27, 2026, 11:30 a.m. to 1:00 p.m.

Forsyth County Annex 1 Auditorium,

725 Highland Avenue, Winston Salem, NC 27105

You're building strong foundations — keep going.

Warmly,

United Way of Forsyth County

GIVE