



Hello friend,

Economic mobility is a journey — often shaped by education, employment, and community support.

“Resilience is accepting your new reality, even if it is less good than the one you had before.” —
Elizabeth Edwards

Today's Activity

Read or listen to a local story of someone who achieved stability through community support.

Explore This Resource

[Brookings Institution research on economic mobility](#)

Reflection Question

What factors have shaped your own financial or career path?

Local Focus

Discover the programs at **Experiment in Self-Reliance**, supporting self-sufficiency and entrepreneurship.

Join Us This Week

Join us Friday, Feb. 20 at 12 pm for this week's Community Check-in. This Zoom session will offer space to reflect on Week 2 of the 21 Day Resilience Challenge and will focus on economic resilience. Participants will explore how entrepreneurship and small business support contribute to stability and opportunity for individuals, families, and the broader community.

Click here to register for the Zoom link: [Week 2 Check](#)

Join us **IN-PERSON** for United Way of Forsyth County's 21-Day Resilience Challenge culminating panel event—*Resilience in Leadership: Women Who Lead Through the Storm*.

Click here to register for: [Resilience in Leadership: Women Who Lead Through the Storm](#)

Event details:

Friday Feb 27, 2026, 11:30 a.m. to 1:00 p.m.

Forsyth County Annex 1 Auditorium,
725 Highland Avenue, Winston Salem, NC 27105

Your growth supports our community's growth — thank you for showing up today.

Warmly,

United Way of Forsyth County

GIVE