



Hello,

Mentorship changes lives offering guidance, confidence, and connection.

"We rise by lifting others." — **Robert Ingersoll**

Today's Activity

Identify one young person you could encourage or mentor.

Explore This Resource

["The Mentoring Effect"](#) by MENTOR

Reflection Question

How has mentorship impacted your life?

Local Focus

Learn about Big Brothers Big Sisters Services of Forsyth County

Join Us This Week

Join us **IN-PERSON** for United Way of Forsyth County's 21-Day Resilience Challenge culminating panel event—*Resilience in Leadership: Women Who Lead Through the Storm*.

Click here to register for: [Resilience in Leadership: Women Who Lead Through the Storm](#)

Event details:

Friday Feb 27, 2026, 11:30 a.m. to 1:00 p.m.

Forsyth County Annex 1 Auditorium,

725 Highland Avenue, Winston Salem, NC 27105

Thank you for being someone others can look up to.

Warmly,

United Way of Forsyth County

GIVE